# Preventive care services for men and women

#### What is preventive care?

Preventive care includes tests, shots (vaccines), screenings and other care to help you avoid illness before you have symptoms of a problem.

Your Marketplace plan pays the full cost of certain preventive care services from a doctor or other providers in your plan's network. This means you don't have to pay a copay or co-insurance or meet your deductible.

You may not need all of these services. Some services are only free to people at high risk, such as colon cancer screening for people over 50.

#### Preventive care services covered by your Marketplace plan

Ask your doctor which services you should get based on your sex, age and family history:

#### **Vaccines**

- Chickenpox
- Flu
- Hepatitis A and B
- Measles
- Pneumonia
- Tetanus
- Others

#### **Regular visits**

Yearly wellness checkup



#### **Tests and screenings**

- Abdominal aortic aneurysm
- Blood pressure
- Cholesterol
- Hepatitis B and C
- Type 2 Diabetes

#### **Cancer screenings**

- Colon cancer
- Lung cancer



#### **Counseling**

- Healthy eating
- Weight loss
- Depression
- Alcohol
- Smoking

## Sexually transmitted disease (STD) screenings

- HIV
- Syphilis
- Sexually transmitted infection (STI) counseling

#### Other

 Prescription aspirin to help prevent heart disease



### Have questions?



#### Find free help

Find free in-person or virtual help from trained assisters near you. Visit **covermissouri.org** or call **1-800-466-3213** to set up an appointment to learn more or enroll.



#### **Contact the Marketplace**

The Marketplace Call Center is open 24 hours a day, 7 days a week. Call **1-800-318-2596** (TTY **1-855-889-4325**). You can also have a live online chat at healthcare.gov.



#### **Contact Medicare**

To sign up for Medicare or to learn more:

Call the Marketplace Call Center at 1-800-318-2596 (TTY 1-855-889=4325) or visit HealthCare.gov



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