Preventive care services for men and women

What is preventive care?

Preventive care includes tests, shots (vaccines), screenings and other care to help you avoid illness before you have symptoms of a problem.

Your Marketplace plan pays the full cost of certain preventive care services from a doctor or other providers in your plan's network. This means you don't have to pay a copay or co-insurance or meet your deductible.
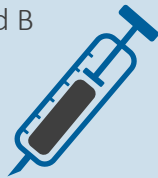
You may not need all of these services. Some services are only free to people at high risk, such as colon cancer screening for people over 50.

Preventive care services covered by your Marketplace plan

Ask your doctor which services you should get based on your sex, age and family history:

Vaccines

- Chickenpox
- Flu
- Hepatitis A and B
- Measles
- Pneumonia
- Tetanus
- Others

Regular visits

- Yearly wellness checkup

Tests and screenings

- Abdominal aortic aneurysm
- Blood pressure
- Cholesterol
- Hepatitis B and C
- Type 2 Diabetes

Cancer screenings

- Colon cancer
- Lung cancer

Counseling

- Healthy eating
- Weight loss
- Depression
- Alcohol
- Smoking

Sexually transmitted disease (STD) screenings

- HIV
- Syphilis
- Sexually transmitted infection (STI) counseling

Other

- Prescription aspirin to help prevent heart disease

Have questions?

Find free, in-person help

Find free in-person help from trained assisters near you. Visit **covermissouri.org** or call **1-800-466-3213** to set up an appointment to learn more or enroll.

Contact the marketplace

The Marketplace Call Center is open 24 hours a day, 7 days a week. Call **1-800-318-2596 (TTY 1-855-889-4325).** You can also have a live online chat at **healthcare.gov.**

Para El Español

Encuentre ayuda gratuita de personas capacitadas cerca de usted llamando **1-855-Cuidado (855-284-3236)** o visitando **cuidadodesalud.gov.**

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